SOLSTICE
HEALTHCARE

For Pediatricians: Refer a Patient

Solstice Healthcare provides psychiatric evaluations, therapy and medication management, all in one place, for patients ages 10 and up, by secure telehealth anywhere in Connecticut. After-school and weekend appointments available. We accept HUSKY, Anthem, Aetna, Cigna, United and most major plans.

Two ways to refer

1. Share our Request Care form

Send the family the link or QR code by portal message or after-visit summary, or complete the form with them. The link prefills the referral source as "Pediatrician referral."

2. Email us

Send the family's contact information to outreach@solsticehealthcarellc.org using your office's secure method. We will contact the family.

Scan to open the Request Care form

What happens next

- We contact the family and respond the same business day.
- Care includes a psychiatric evaluation, plus therapy and medication management, all in one place, by secure telehealth.
- We accept HUSKY and most commercial plans, including Anthem, Aetna, Cigna and United.

QUESTIONS	EMAIL	REFERRAL PAGE
860-734-4582	outreach@solsticehealthcarellc.org	solsticehealthcarellc.com/refer/

Not for emergencies

This is outpatient care. It is not crisis, hospital or inpatient care. In a crisis, call or text 988. Call 911 if there is immediate danger.

Copy-and-paste text for families

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https://docs.google.com/forms/d/e/1FAIpQLSebv0coGyb7HNxRVZCdfNDRcIOS8LzFDXFPlwLdH89mwrY-AA/viewform?usp=pp_url&entry.43407258=Pediatrician+referral